

The owner of this certificate has participated in a project supported by the European Union Erasmus+ programme. Erasmus+ supports the educational, professional and personal development of individuals in the education, training, youth and sport fields. It offers opportunities for learning mobility and active participation for young people, as well as professional development and cooperation for youth workers and youth work organisations.



Erasmus+

ÖYKÜ SARAY

born on 21/02/2005 in Türkiye

participated in the Youth Exchange

"SPORT FOR EVERYBODY"

in Tryavna, Bulgaria

from 22/09/2025 to 03/10/2025

About the project

The main goal of our project is to encourage the participants to be creative and more confident to organize sport activities in their local communities along with the help of their organizations. Throughout the project, the participants will explore the different popular sports and will be able to pick some elements from them so they can create a big sport event for the youngsters in the town.

The tasks of Öykü Saray

Turkish Team Leader

This certificate has been issued by "The Change is in You" Association.



Stanimir Chukov
Director of "The Change is in You" Association

Electronically signed on 26/11/2025 13:08 by Stanimir Chukov

Youthpass is a Europe-wide validation system for non-formal and informal learning within the European Union youth programmes.

The ID of this certificate is 7EQ7-SU8V-EHTP-VYMC.
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Youthpass

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LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

COMPETENCES DEVELOPED BY ÖYKÜ SARAY

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

Multilingual competence

In the project, participants developed their multilingual skills by using English as a common language and interacting with peers from different countries. Through sports, teamwork, and cultural exchange, they improved their communication, learned basic phrases in other languages, and appreciated linguistic diversity as a way to promote inclusion and mutual understanding.

Personal, social and learning to learn competence

During the "Sport for Everybody" project, participants developed their personal and social skills through teamwork, communication, and shared challenges. They learned to manage their time, adapt to new situations, and show empathy and support toward others. Through sports and group activities, they strengthened their resilience, built self-confidence, and reflected on their own learning and personal growth.

Cultural awareness and expression competence

In this project, participants discovered how sports and culture connect people from different backgrounds. They shared their traditions, dances, and music, and expressed their ideas and emotions through creative and physical activities. This experience helped them appreciate cultural diversity, develop openness and curiosity, and understand how creativity can build unity and mutual respect.

Öykü Saray

Tryavna, 15/10/2025

The competence description in Youthpass is based on the European Union framework for Key Competences for Lifelong Learning:
<https://education.ec.europa.eu/focus-topics/improving-quality-equity/key-competences-lifelong-learning>



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PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Öykü Saray participated.

"Sport for everybody"

Youth Exchange | 22/09/2025–03/10/2025 | in Tryavna, Bulgaria

Hosting organisation: "The Change is in You" Association

Group: 23 participants from Bulgaria, Romania, Spain and Türkiye

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform:
https://ec.europa.eu/programmes/erasmus-plus/projects_en

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